

Athletes of the Week February 10 - 15, 2020

1. Girls' Basketball - Nadia Valcourt

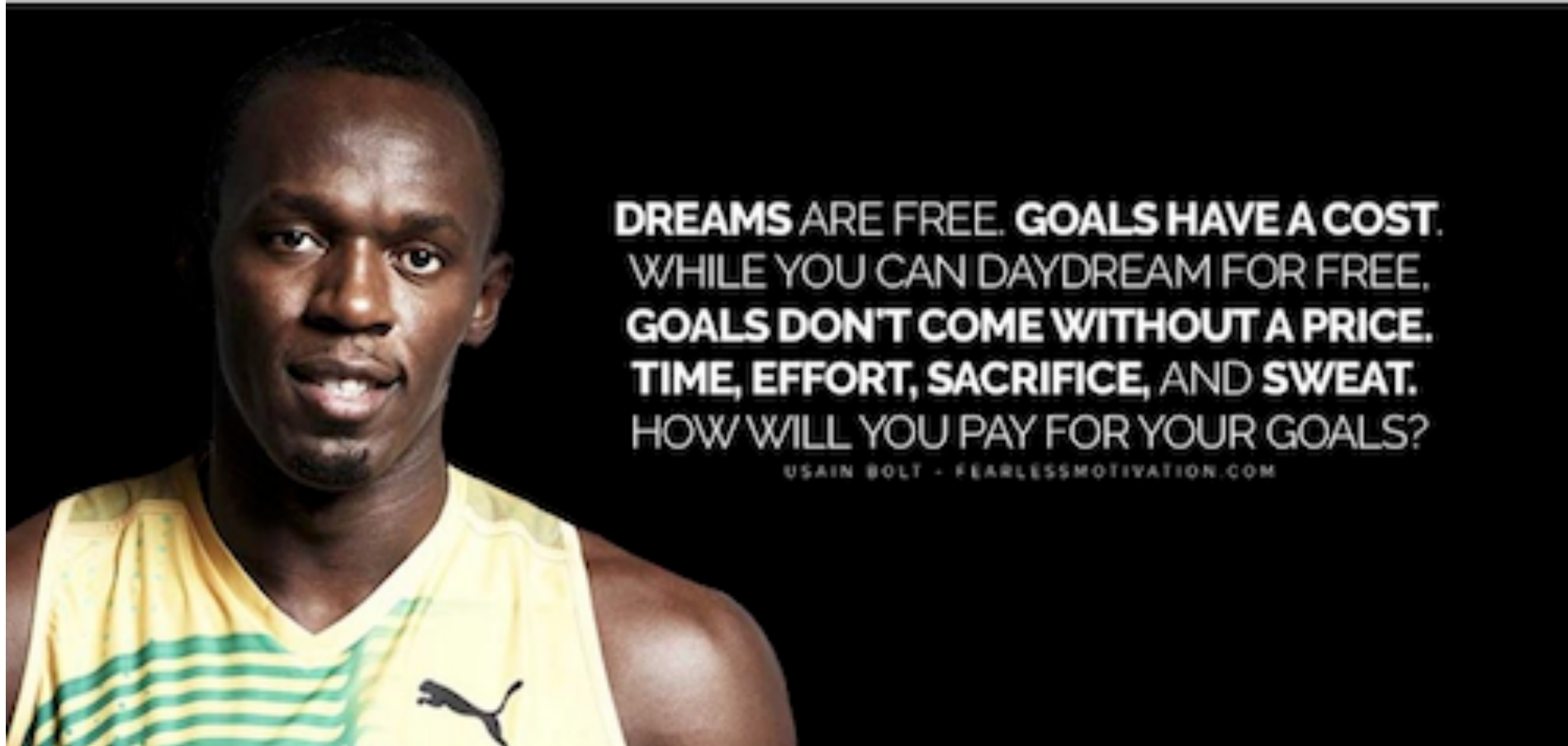
In a reference that pre-dates most of today's students, her coach compares Nadia to a 1960's ad for Timex watches: "she takes a lickin' and keeps on tickin'".



Nadia motivates this team through good times and bad with her constant energy and tenacity even through injury. She consistently fills the stat sheet with her

rebouncing steals and even blocks. She is our energizer bunny!

Quote of the Week:



DREAMS ARE FREE. GOALS HAVE A COST.
WHILE YOU CAN DAYDREAM FOR FREE,
GOALS DON'T COME WITHOUT A PRICE.
TIME, EFFORT, SACRIFICE, AND SWEAT.
HOW WILL YOU PAY FOR YOUR GOALS?

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